

AMERICAN RESCUE PLAN ACT OF 2021

Help is Here for You!

The Need to Build a Stronger Future for Children and Families is Critical.

There's a window of opportunity to better support all children and families across the country through historic funding provided by the American Rescue Plan Act of 2021.

You can access these resources today! Whether you have children, need additional support for food and rental assistance or need increased unemployment and healthcare benefits, the resources below will help you and your family today and into the future.



Your Health

Insurance

Lower your costs and sign up for health care here:

[Healthcare.gov](https://www.healthcare.gov)

Call: (800) 318-2596

If you lost your insurance, there's help with the cost of COBRA coverage here:

[DOL.gov/general/topic/health-plans/cobra](https://www.dol.gov/general/topic/health-plans/cobra)

Call: (866) 487-2365



Do You Need Help Buying Food?

There is extra money available for food. Find your state's SNAP* program.

Sign up here:

[FNS.usda.gov/snap/state-directory](https://www.fns.usda.gov/snap/state-directory)

Call: (800) 221-5689

**Supplemental Nutrition Assistance Program*

Money in Your Pocket

+\$1,400

For You and Each Eligible Family Member

We know you need help making ends meet:

- ✓ If you are married and together make less than \$150,000
- ✓ If you are single and make less than \$75k/year
- ✓ If you are the head of a household and make less than \$112,500

Access this money by filing your taxes here: [IRS.gov](https://www.irs.gov)

Sign up here: Get My Payment Tool

[IRS.gov/coronavirus/get-my-payment](https://www.irs.gov/coronavirus/get-my-payment)

Call: (800) 829-1040



Do You Have Kids?

✓ **\$3,000 tax credit**
per child 6 and over

✓ **\$3,600 tax credit**
per child under 6 years old

Start accessing this money by filing your taxes here: [IRS.gov](https://www.irs.gov)

Or for non-tax filers here:

[IRS.gov/filing/free-file-do-your-federal-taxes-for-free](https://www.irs.gov/filing/free-file-do-your-federal-taxes-for-free)

Free Tax Return Preparation: If your income is less than \$72,000, file your taxes for free:

[IRS.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers](https://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers)

Call: (800) 829-1040



Do You Need a Free

COVID-19 Vaccination?

Get an appointment for a free shot near you.

Go to: [VaccineFinder.org](https://www.vaccinefinder.org)



Are You a Renter?

If you are behind on your rent and at risk of losing your home, apply at a state or local level for emergency rental assistance:

[HUD.gov/i_want_to_find_rental_assistance](https://www.hud.gov/i_want_to_find_rental_assistance)

Call: (800) 569-4287



Did You Lose Your Job?

Get an extra \$300 per week and unemployment benefits extended until 9/6/21

Find your state's Unemployment Benefits and sign up here:

[DOL.gov/general/location](https://www.dol.gov/general/location)

Call: (866) 487-2365